2019-2020

PERFORMANCE REPORT FOR INTEGRATED REHABILITATION CENTRE FOR ADDICTS (IRCA)

SPONSORED BY-

MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVERNMENT OF INDIA



ORGANIZED BY-

BAHARGRAM SARBAHARA UNNAYAN SANGHA
AT-BAHARGRAM,
P.O-PANSKURA R.S.,
BLOCK-PANSKURA-I,
DIST.-EAST MIDNAPORE,
PIN-721152,
WEST BENGAL
PHONE: 03228-252251
E-mail: bsusngo@yahoo.com

PERFORMANCE REPORT

(For the Period from April"2019 to March"2020)

1. ORGANIZATION PROFILE:

a) Name and Address of the Organization: **BAHARGRAM SARBAHARA UNNAYAN SANGHA**
At: - Bahargram, P.O.:- Panskura R.S.,
Dist: - Purba Medinipur, PIN. -721152.
Phone:-03228-252251
Email: -bsusngo@yahoo.com

b) Year of establishment & Reg. No. : 15.08.1979
Registration No. S/25342 of 1979-1980.

2. INFORMATION OF THE CENTRE:

a) Name of the centre : **BSUS NESHA MUKTI KENDRA**

b) Mailing address with phone no. : Village & Post- Balidangri, P.S- Panskura, Block-Panskura-1, Dist. - Purba Medinipur, Pin- 721139, West Bengal.
Ph. No- 03228-252251, Mob.-09733879266.

c) Our centre offers the following service :

- Motivational counseling.
- Indoor de-addiction unit (Fifteen bedded in patient centre).
- Daily O.P.D.
- Extensive counseling through both individual and group session.
- Family counseling service.
- Medical checkup and psychological service.
- Recreational session and therapy.
- Lecture session and music therapy.
- Follow up of discharged patients by correspondence and/ or home visit.
- Social, occupational and vocational rehabilitation.
- Cognitive rehabilitation- Prayer, meditation, yoga therapy.
- Referral services to day care/after care centre.

d) Office Hours : 10 am to 5 pm

3. PROGRESS OF THE CENTRE AT A GLANCE :

[1st April'2019 to 31st March'2020]

No. Regd. Client	Old (2nd time or more)	No. of recovery	No. of referral case	No. of client relapse	No. of drop-out	No. of client detoxified	
New						OPD	Indoor
303	**553**	**68**	**06**	**56**	**54**	**108**	**186**

4. ACTIVITIES OF THE CENTRE :

(A) ACTIVITIES FOR AWARENESS BUILDING AND MOTIVATION:

i) One day mobile camp : (11 no's)

Sl. No.	Date	Topics	Target group	No. of participants	Location
01	22.04.2019	Ill effects of addiction.	Addict persons & Gen. peoples.	75	Amraghohal,Harijhama, Purba Medinipur
02	31.05.2019	Addiction problem	Gen. peoples.	100	Kanailal Prathamik Vidyalaya, Josora, Purba Medinipur
03	31.07.2019	Addiction is the great curse of our Society	Gen. people & Club members	150	Kankgechiya Sports Association, Kankgechiya, Tamluk, Purba Medinipur
04	30.08.2019	Avoid family conflict due to addiction	Ex – addicts & Gen. peoples.	130	Siddha Netaji Sangha, Siddha, Kolaghat, Purba Medinipur
05	30.09.2019	No drugs no Problem.	Gen. peoples.	80	Naikuri Young Star Club, Purba Kola, Naikuri, Purba Medinipur
06	31.10.2019	Addiction is the great curse of our Society	Addicts, Gen. peoples & Club members	120	Bardabar Young Star Club, Bardabar, Purba Medinipur
07	29.11.2019	Addiction problem	Local peoples & addicts	75	Uttar Jianda, Jianda, Purba Medinipur.
08	30.12.2019	Addiction problem	Gen. people & Club members	130	Joyjoy Young Star Club, Kolaghat, Purba Medinipur.
09	31.01.2020	Love life hate drugs	Local peoples & addicts	100	Sabuj Sangha, Uttar Mechogram, Panskura Purba Medinipur.
10	14.02.2020	Ill effects of addiction.	Gen. people & Students	130	Junput, Purba Medinipur
11	29.02.2020	Addiction problem	Gen. people	100	Gobra Bharati Sangha, Gobra, Jamitya, Purba Medinipur



ii) <u>Group meeting</u> : (35 no's)

a) Target Group-[*Ex-addict with family member (04 no's)*]

Sl. No.	Date	Venue	No. of participants
01	23.04.2019	Hutpara, Haur, Panskura, Purba Medinipur	17
02	30.04.2019	Paikpari, Kolaghat, Purba Medinipur	18
03	11.11.2019	Gobindapur, Panskura, Purba Medinipur	16
04	10.12.2019	Chhatinda, Kolaghat, Purba Medinipur	12

b) Target Group-[*Youth club member (04 no's)*]

Sl. No.	Date	Venue	No. of participants
01	22.06.2019	Demarihat, Tamluk, Purba Medinipur	15
02	21.08.2019	Palpara, Bhagabanpur, Purba Medinipur	15
03	18.10.2019	Jikhurkhali, Sutahata, Purba Medinipur	16
04	02.11.2019	Gokulnagar, Moyna, Purba Medinipur	17

c) Target Group-[*Day Labor (04 no's)*]

Sl. No	Date	Venue	No. of participants
01	07.12.2019	Gopinathpur, Bhagabanpur, Purba Medinipur	15
02	10.01.2020	Dabuapukur, Panskura, Purba Medinipur	20
03	12.02.2020	Josar, Kolaghat, Purba Medinipur	25
04	21.02.2020	Gopinathpur, Chandipur, Purba Medinipur	20

d) Target Group-[*Transport Worker (06 no's)*]

Sl. No	Date	Venue	No. of participants
01	22.05.2019	Mahesbarh, Panskura, Purba Medinipur	14
02	15.07.2019	Kukrahati, Sutahata, Purba Medinipur	12
03	13.09.2019	Padumbasan, Naikuri, Purba Medinipur	12
04	23.11.2019	Jianda, Kolaghat, Purba Medinipur	12
05	19.12.2019	Dobandhi, Naikuri, Purba Medinipur	10
06	13.01.2020	Kapasberia,Sutahata, Purba Medinipur	10

e) Target Group-[*Panchayet members (06 no's)*]

Sl. No	Date	Venue	No. of participants
01	13.05.2019	Ghoshpur, Panskura, Purba Medinipur	12
02	11.06.2019	Naranda, Panskura,Purba Medinipur	12
03	23.07.2019	Damodarpul, Tamluk, Purba Medinipur	10
04	02.08.2019	Radhamoni, Naikuri, Purba Medinipur	15
05	18.09.2019	Radhamoni, Naikuri, Purba Medinipur	15
06	23.10.2019	Prajabar, Panskura, Purba Medinipur	12

f) Target Group-[*Self help group (06 no's)]*

Sl. No	Date	Venue	No. of participants
01	03.04.2019	Haridaspur, Tamluk, Purba Medinipur	15
02	16.15.2019	Dumra, Tamluk, Purba Medinipur	20
03	14.06.2019	Radhamoni, Tamluk, Purba Medinipur	20
04	12.07.2019	Sibtala, Mechada, Purba Medinipur	20
05	12.08.2019	Putputia, Tamluk, Purba Medinipur	20
06	05.11.2019	Kolagachhia, Khajuri, Purba Medinipur	20

g) Target Group-[*Addicts & Family member's (05 no's)]*

Sl. No	Date	Venue	No. of participants
01	02.09.2019	Barisa, Kolaghat, Purba Medinipur	20
02	27.11.2019	Harinarayanchak, Panskura, Purba Medinipur	18
03	03.12.2019	Sanktikri, Panskura, Purba Medinipur	30
04	16.01.2020	Moyna, Purba Medinipur	25
05	24.01.2020	SS Patna, Panskura, Purba Medinipur	20

iii) <u>Street Campaigning</u> :(06 no's)

Sl. No	Date	Venue	No. of participants
01	25.09.2019	Horkhali, Sutahata, Purba Medinipur	700
02	29.10.2019	Barisa, Kolaghat, Purba Medinipur	600
03	28.12.2019	Bakcha, Moyna, Purba Medinipur	800
04	15.01.2020	Norghat, Chandipur, Purba Medinipur	1000
05	18.02.2020	Sulani, Kolaghat, Purba Medinipur	2000
06	23.02.2020	Jamitra, Sahid Matangini, Purba Medinipur	1000

iv) <u>Seminar</u> : (02 no's)

Sl. No.	*Date*	*Venue*	*Topic*	*No. of participants*
01	26.06.2019	Centre Premises, Balidangri, Panskura, Purba Medinipur	International Drug Abuse Day	600
02	11.08.2019	Kanthi All Star Club, Contai, Purba Medinipur	Ill effects of Addiction	500



v) Leaflet : (10000 no's)

Distributed leaflet Different host organization, Amragohal Charak Mela, Moyna Rash Mela, Bajkul Bazar, Panskura Ganga Mela, Maniktala More, Kolghat Rail Station, Tamluk Railway Station, Contai Bus Stand etc. under Purba Midnapore District.

vi) Banner : (15 no's)

Use different One day mobile camp, Group meeting, Street Campaigning, Seminar etc.

vii) Posters : (5000 no's)

Mostly use at Panskura Bus Stand, Mechogram Bus Stand, Mechada Bus Stand, SS Patna Traker Stand, Tamluk Hospital More, Nandigarm Bus Stand, Contai Bus Stand, Egra Bus Stand etc. under Purba Midnapore District.

viii) Sticker : (5000 no's)

At different area of Purba Midnapore District.

ix) Folder : (300 no's)

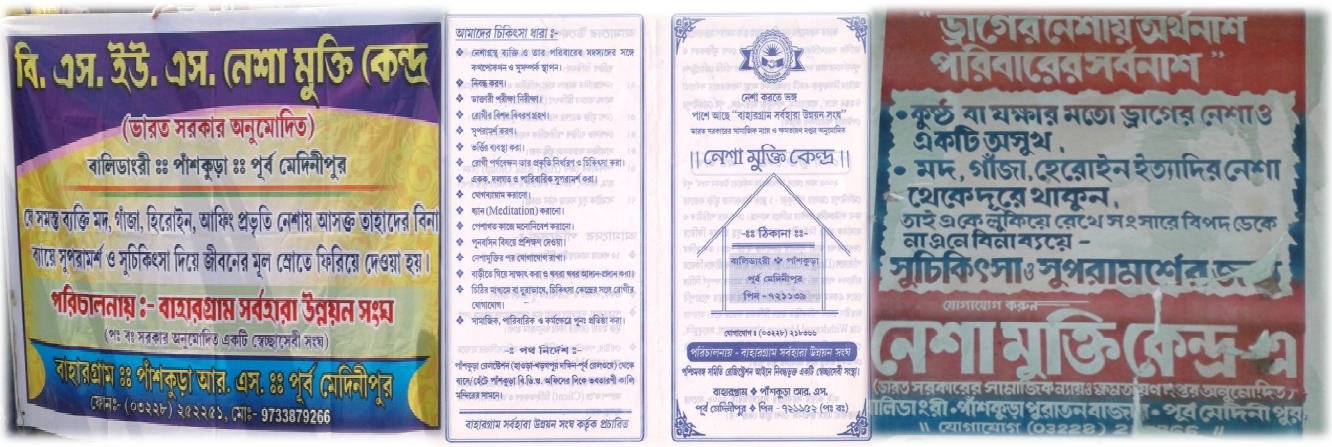
Mostly use different One day mobile camp, Group meeting, Street Campaigning, Seminar etc.

x) Hording /Flex : (1000 no's)

At different area of market, street corner, bus stand, rail way station etc.

xi) Walling : (10 no's)

Sl. No	Venue
01	Durgachak More, Haldia, Purba Medinipur
02	Tamluk Bazar, Tamluk, Purba Medinipur
03	Kolaghat School More, Kolaghat, Purba Medinipur
04	Denan Bazar, Denan, Purba Medinipur
05	Chak Radhaban, Purba Medinipur
06	Nandigram Bus Stand, Nandigram, Purba Medinipur
07	Ichhaburi, Tamluk ,Purba Medinipur
08	Nischintachak, Moyna, Purba Medinipur
09	Gopalpur, Sutahata, Purba Medinipur
10	Tolpara, Mahisadal, Purba Medinipur



(B) SURVEY (BLOCK BASIS):

i) Identification of addicts:

Sl. No	Name of Block	Approx No of People Covered	No. of Client identified
01	Panskura	258	63
02	Kolaghat	176	49
03	Sahid Matangini	112	38
04	Mahisadal	58	11
05	Moyna	105	44
06	Tamluk	118	35
07	Sutahata	54	11
08	Nandigram	65	11
09	Haldia	35	03
10	Nandakumar	60	06
11	Bhagabanpur	58	13

ii) Number of motivated Client for taking treatment:

284 (Two hundred eighty four) only.

iii) Number of family member in family therapy:

1099 (One thousand ninety nine) only.

(C) DETOXIFICATION AND MEDICAL CARE:

i) Detoxification service has been provided:

(a) Indoor : 186 (One hundred eighty six) only.

(b) O.P.D. : 108 (One hundred eight) only.

ii) For the need of pharmacological treatment the following manual are maintaining:

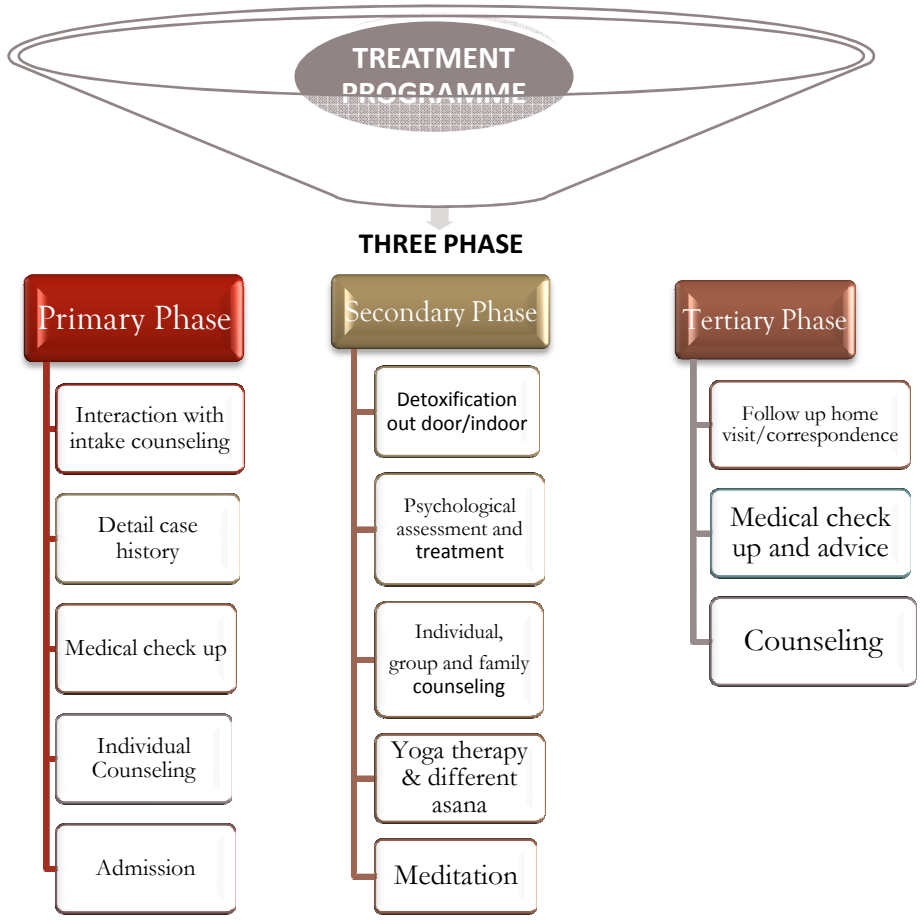
(a) Medical case sheet.
(b) Blood pressure chart.
(c) Weigh Chart.
(d) Temperature chart.
(e) Investigation Report.

iii) The following essential equipments:

(a) Oxygen cylinder.
(b) B.P. apparatus.
(c) Weigh Machine.
(d) Thermometer.
(e) Saline Set.
(f) Yoga ashans tools.



iv) Treatment Programme :



(D) ACTIVITIES FOR PSYCHOLOGICAL SERVICES:

i) Prevention education programme: (Total 338 no's)

(a) Literacy programme : 114 no's

(b) Re-education session : 224 no's

- Peer-group prevention : 79 no's
- Relapse prevention : 44 no's
- Improving interpersonal relationship : 32 no's
- Disease concept : 44 no's
- Methods to stay sober : 15 no's
- Whole persons recovery : 10 no's

ii) Number of yoga session :

Total 258 no's yoga session held



iii) Schedule for inpatient as follows :

(a) Prayer-Daily inpatient centre at : 6 a.m.

(b) Psycho education : 10 a.m.

- Drug de-addiction: Dependence: Substance abuse.
- Sobriety based symptoms.
- Recovery process.
- Relapse prevention.
- Emotional learning and skill training

(c) Motivational counseling : 11 a.m.

(d) Programme for family member : 2 p. m. (Every Monday only)
(Family meeting)

(e) Detoxification : 2 p. m.
(Pharmacological treatment & Nursing)

(f) Occupational therapy : 3 p.m.
(Individual activities)

(g) Yoga-therapy : 4 p.m.
(Different asana)

(h) Recreational and game session : 5 p.m.
(Song, story-telling, game, plying etc.)

(i) Meditation : 6 p.m.

(j) Relaxation therapy : 9 p.m.

(E) COUNSELING:

i) Group counseling:

(a) Average size of addicts groups : 08 no's

(b) No. of session held : 240 no's

(c) Average time per session : 45 minutes

(d) Criteria of group formation :

- Narcotic : 56 no's
- Alcoholic : 83 no's
- Self-help group : 39 no's
- Alcohol dependence : 62 no's

ii) Individual counseling:

(a) Number of session held : 1448 no's

(b) Average time per session : 30 minutes



iii) Family counseling:

(a) Number of family members (i.e parent, brother etc.) : 1167 no's

(b) Average time per session : 45 minutes

(c) Number of session taken : 748 no's

(d) Number of family involved : 489 no's

(F) REHABILITATION:

i) Vocational Rehabilitation : Nil

ii) Family & Society : 25 no's

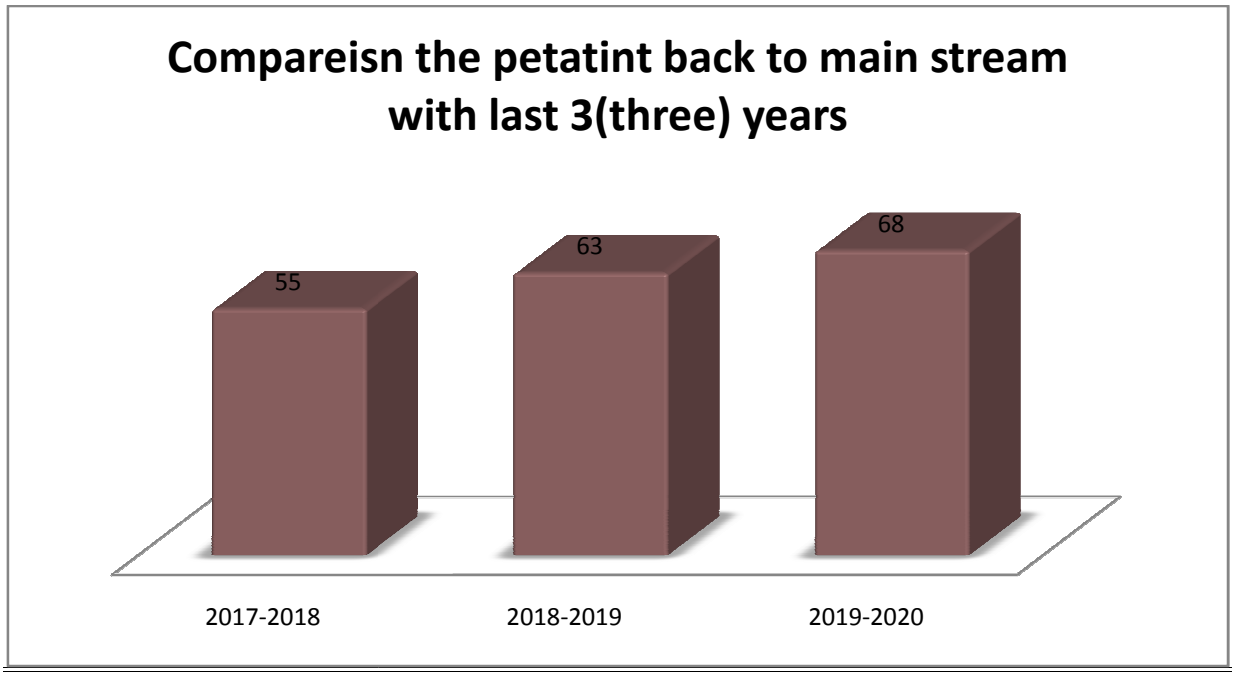
iii) Work place : 43 no's

a) Business : 18 no's
b) Transport worker : 11 no's
c) Service centre : 14 no's

Total numbers of rehabilitation : 68 no's Addicts

(G) AFTER CARE AND RE-INTEGRATION IN TO MAIN STREAM:

i) Number of recovery & Back to main stream : (68 no's addicts)





ii) <u>Follow up:</u>

a) Through letter sending/Telephone Contact:

- Letter send/Telephone Contact to ex-addicts : 261 no's

b) By home visit:

- Ex-addicts conducted : 102 no's
- Visit under taken : 134 no's
- Ex-client leading Drug free life : 68 no's

c) No. of ex-addicts visited the centre after recovery for:

- Treatment : 67 no's
- Counseling & Guidance : 1032 no's



Dated: 06.04.2020
Place: Panskura

(SUSANTA DAS)
Secretary
Bahargram Sarbahara
Unnyan Sangha